LAS VEGAS GREAT SANTA RUN

The 16th annual Las Vegas Great Santa Run will be bringing the holiday spirit right to your home. This year's Santa Run will be a virtual event that you can complete anywhere starting December 5 through December 26, with all proceeds benefiting adults with intellectual and related disabilities at Opportunity Village. So how do you run a virtual race? Check out our tips below to help you run your best virtual race.

TIPS

1. **Decide how you want to run the race - there are many options for completing your 5K or 1-mile walk/run. Some of our recommendations are:**
   - **On a treadmill**
   - **On a race track (either at a gym or a local track that allows guests to use their property)**
   - **In your yard or neighborhood**
   - **On a public trail (we recommend you plan your route in advance)**
   - **On one of our already mapped out and measured trail courses (courses coming soon)**

2. **Pick the right time of day for you - weather all around the world varies at any given time. Make sure you choose a time of day that best suits your running abilities. Look at your local forecast to see if there are any days that will be better than others.**

3. **Find a family member, friend or pet to run with you. Ensure that proper social distancing guidelines, as well as state mandates are followed.**

TIPS CONTINUED

4. Make sure to fuel and hydrate properly before you run. And don't forget to stretch.

5. Put on your Santa suit or best holiday outfit and run/walk your 5K or 1-mile distance.

6. Once you complete your run, submit a photo of you with your medal to your registration profile for a chance to win some awesome prizes. Be sure to tag @LVSantaRun

VIRTUAL RUN FAQ's

Q. What is a virtual race?
A. A virtual race allows participants to complete the Las Vegas Great Santa Run anywhere on any day from December 5 through December 26.

Q. When should I complete the virtual run?
A. The virtual run takes place from December 5 through December 26. You can complete the run anytime during this period. Just remember to upload your picture/results to your registration profile!

Q. Do I still receive my Santa suit, medal and bib?
A. Yes. Please note that Santa suits are only available for the first 3,300 runners who register online (while sizes and supplies last). Every runner will receive a medal, a print-at-home bib and an all new virtual tool kit (includes a start line, finish line and mile markers)

VIRTUAL RUN FAQ's CONTINUED

Q. How do I receive my race packet?

A. Runners can pick up their packet for free at Opportunity Village's Magical Forest on select days (6300 W. Oakey Blvd).

Monday, Nov. 30	8:00 a.m. - 12 :00 p.m.
Thursday, Dec. 3	1:00 p.m. - 6:00 p.m.
Friday, Dec. 4	8:00 a.m. - 6:00 p.m. (Closed 12:00 p.m. - 1:00 p.m.)

If you can't make it to packet pick-up, you can choose to have your packet mailed to you for an additional $13 per person. Packets will be mailed out the second week of November.

Q. Do I have to sign up and pay to race?

A. Yes, this is a fundraiser for Opportunity Village. Your registration fee supports the nearly 2,000 individuals we serve in Southern Nevada and you don't want to miss out on some amazing prizes!

Q. What if we are out of town?

A. The great thing about virtual races is that you can join us no matter where you are! We would love to show participants from all over the globe running with us!

Q. Can we complete the run as a group?

A. Yes, you are welcome to complete this as desired, but please adhere to social distancing guidelines. Santa wants you healthy for the holidays!

VIRTUAL RUN FAQ's CONTINUED

Q. Can I complete the race on different cardio machines or even swim?

A. Yes, we want to be inclusive and no matter how you complete your chosen distance, everyone and every form of exercise is accepted. Sign up and complete your 5K or 1-mile course in the best way that supports your individual and/or adaptive needs.

Q. How do I submit my results?

A. Upload your photo to your runner profile here.